

Staffordshire ASA - Swimming Records - Senior Long Course  
last updated 11th September 2026

| Category    | Event                  | Time     | Name      | Surname    | Club              | Location   | Date      |
|-------------|------------------------|----------|-----------|------------|-------------------|------------|-----------|
| Open / Male | 50m Freestyle          | 00:23.40 | Chris     | Fox        | Wolverhampton     | Sheffield  | 31-Jul-07 |
| Open / Male | 100m Freestyle         | 00:50.83 | Chris     | Fox        | Wolverhampton     | Antwerp    | 18-Jul-07 |
| Open / Male | 200m Freestyle         | 01:51.52 | James     | Shevchenko | Wolverhampton/FAU | Orlando    | 22-Jul-26 |
| Open / Male | 400m Freestyle         | 03:57.78 | James     | Shevchenko | Wolverhampton/FAU | Orlando    | 22-Jul-26 |
| Open / Male | 800m Freestyle         | 08:32.75 | James     | Shevchenko | Wolverhampton/RWS | Sheffield  | 27-Jul-22 |
| Open / Male | 1500m Freestyle        | 16:09.31 | Ross      | Hill       | Chase             | Sheffield  | 27-Mar-15 |
| Open / Male | 50m Backstroke         | 00:26.47 | Joseph    | Hulme      | Leek              | Dordrecht  | 12-Jul-14 |
| Open / Male | 100m Backstroke        | 00:55.19 | Joseph    | Hulme      | Leek              | Sheffield  | 19-Apr-17 |
| Open / Male | 200m Backstroke        | 01:58.63 | Joseph    | Hulme      | Leek              | Sheffield  | 23-Apr-17 |
| Open / Male | 50m Breaststroke       | 00:28.90 | Max       | Wainwright | Newcastle         | Sheffield  | 30-Jul-25 |
| Open / Male | 100m Breaststroke      | 01:01.33 | Nick      | Gillingham | Walsall           | Sheffield  | 21-May-92 |
| Open / Male | 200m Breaststroke      | 02:11.29 | Nick      | Gillingham | Walsall           | Barcelona  | 29-Jul-92 |
| Open / Male | 50m Butterfly          | 00:25.44 | Kieran    | Smith      | Chase             | Sheffield  | 07-Feb-15 |
| Open / Male | 100m Butterfly         | 00:55.57 | Kieran    | Smith      | Chase             | Sheffield  | 11-Apr-15 |
| Open / Male | 200m Butterfly         | 02:00.32 | Tim       | Jones      | Walsall           | Seoul      | 24-Sep-88 |
| Open / Male | 200m Individual Medley | 02:02.95 | Joseph    | Hulme      | Leek              | London     | 15-Apr-15 |
| Open / Male | 400m Individual Medley | 04:25.36 | David     | Gregory    | Newcastle         | Sheffield  | 02-Aug-09 |
|             |                        |          |           |            |                   |            |           |
| Female      | 50m Freestyle          | 00:25.31 | Emma      | Wilkins    | Chase             | Sheffield  | 26-Jun-13 |
| Female      | 100m Freestyle         | 00:55.27 | Emma      | Wilkins    | Chase             | Sheffield  | 29-Mar-13 |
| Female      | 200m Freestyle         | 02:00.92 | Terri     | Dunning    | Chase             | Sheffield  | 05-Apr-08 |
| Female      | 400m Freestyle         | 04:14.33 | Polly     | Holden     | Newcastle         | Luxembourg | 27-Jan-19 |
| Female      | 800m Freestyle         | 08:46.14 | Polly     | Holden     | Newcastle         | Sheffield  | 16-Feb-18 |
| Female      | 1500m Freestyle        | 16:52.81 | Niamh     | Hofland    | Bilston/RWS       | Eindhoven  | 12-Apr-19 |
| Female      | 50m Backstroke         | 00:29.14 | Charlotte | Cullen     | Wombourne/RWS     | Dublin     | 05-Apr-23 |
| Female      | 100m Backstroke        | 01:02.51 | Charlotte | Cullen     | Wombourne/RWS     | Dublin     | 05-Apr-23 |
| Female      | 200m Backstroke        | 02:14.53 | Ella      | Bowkley    | Bilston           | Plymouth   | 23-May-15 |
| Female      | 50m Breaststroke       | 00:32.79 | Jodie     | Hawksworth | Cheadle           | Belgrade   | 07-Jul-11 |
| Female      | 100m Breaststroke      | 01:09.92 | Heidi     | Earp       | Newcastle         | Sheffield  | 26-Jul-00 |
| Female      | 200m Breaststroke      | 02:30.44 | Heidi     | Earp       | Newcastle         | Sheffield  | 30-Jul-00 |
| Female      | 50m Butterfly          | 00:26.26 | Rachael   | Kelly      | Newcastle         | London     | 15-Apr-15 |
| Female      | 100m Butterfly         | 00:57.71 | Rachael   | Kelly      | Newcastle         | London     | 17-Apr-15 |
| Female      | 200m Butterfly         | 02:09.87 | Terri     | Dunning    | Chase             | Melbourne  | 21-Mar-06 |
| Female      | 200m Individual Medley | 02:14.35 | Terri     | Dunning    | Chase             | Sheffield  | 03-Apr-08 |
| Female      | 400m Individual Medley | 04:54.38 | Terri     | Dunning    | Chase             | Sheffield  | 12-Feb-07 |

\*last records achieved highlighted in red